

NUAGA HANDBOOK



Updated: August 1, 2010



New Ulm Area Gymnastics Academy

Handbook



N.U.A.G.A Developmental Program Information

Mission:

NUAGA is a non-profit, community based organization, which provides instructional-recreation programs that enhance the wellness of children of all ages. Gymnastic classes range from parent-tot levels through beginners, intermediates, advanced classes ranging all the way to competitive teams gymnastics offered in a safe, fun, active learning environment. NUAGA admits children of any race, color, nationality, religion, or ethnic origin. Rights, privileges, programs and activities are available to all enrolled children without discrimination.

Insurance

A yearly, one-time insurance fee is charged to each student to offset the cost of liability insurance for the gym. The fee is due once, the first time a child registers each year (August – July)

NUAGA Programming

- NUAGA offers seven sessions throughout the year.
- NUAGA is also home to the New Ulm High School Gymnastics Team (November -February), therefore accommodations in class offerings and home meets will need to be made. Please schedule a make up class or request an open gym pass for any class missed due to a High School home meet.
- NUAGA does not follow any area school calendars, and only major holidays are observed with no classes.
- NUAGA holds an Open House/Registration twice per year. Registrations for the upcoming sessions are held during the final two weeks of the current session, via a sign up process.

New Ulm Area Gymnastics Academy

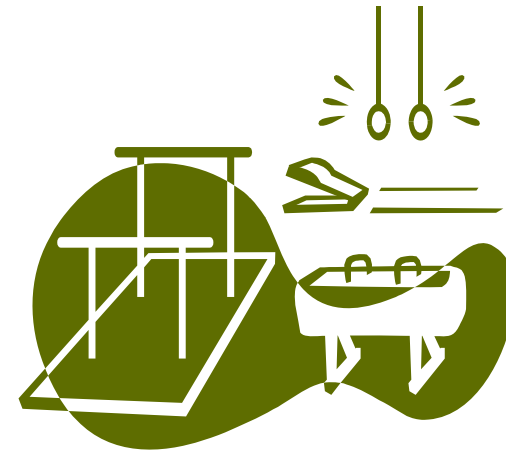
1221 N. Front Street, PO Box 871
New Ulm, MN 56073

507-354-1168

Website:

www.nuaga.com

Email: nuaga@yahoo.com



Gym Safety Rules

1. Students must wait in the balcony until your coach has called your class to begin.
2. Listen to and follow all coaches' instructions.
3. Do not attempt any skills you have not yet mastered without a spotter.
4. Students are not allowed in the gym or on the equipment with out a coach.
5. No gum chewing allowed in the gym.
6. No jewelry is to be worn during class/competition
7. Food and drinks are allowed only in the viewing area, unless during a special event and/or a staff allows it.
8. Water bottles are strongly recommended in the gym. Please label them to avoid confusion.
9. Children should not be dropped off more than 15 minutes prior to the start of their class.
10. Students should be picked up promptly at the end of their class. Please respect NUAGA staff by picking your child (ren) up on time.

The coaches of NUAGA will follow the **MAGA** (Midwest Amateur Gymnastics Association) guidelines for coaching. These may be found online or on file in the gym.

If your child is selected to join the NUAGA competitive team, Team guidelines and information will be distributed at that time.

Registration/Tuition

- Registration forms must be completed and payments made before any child is allowed to participate in any class.
- Tuition is charged by NUAGA to cover operational expenses as with any business. When a child is registered, it is considered to be a commitment for the entire session. Tuition is not pro-rated and is non-refundable for missed lessons.
- Multiple Sibling Discounts are offered. . For each new student that signs up for class and puts your name in the "referred by" space, you will receive **10%** off your next session tuition.
- United Way of Brown County provides scholarships to young people from the age of 4 to 18. They are available up to \$250 per year (August to July), per youth and/or 90% of the activity fees, applications are available online www.nuaga.com or upon request at the gym.

Fundraising/Volunteer Hours

To help keep tuition costs affordable, each family is required to participate in only two fundraisers. Each family is also required to volunteer six hours for the year. These hours can be achieved working at Bar Bingo, concessions for High School/Team meets, Taco Fiesta, promotional events such as ECFE Fun Fair, Brown County Fair, cleaning the gym, helping with parades or other tasks requested by the director. Hours are tracked by the board for each family. A post-dated check for \$50.00 will be collected at the time of enrollment to guarantee these hours. This check will not be cashed if volunteer hours are completed and your check will be returned to you. If volunteer hours are not met as committed to, the check will be cashed to help defray the cost of covering these needs.

NUAGA Board of Directors

President: Carol Klimek

Board members:

Sheila Howk

Meredith Nordby

Sarah Schlomann

Lisa Brown

Kim Hanson

Chad Ebert

Ariel McFarland – High School Representative

Director of Programming, Recreation and Team Coach:

Kortney Peterson, 507-354-1168 (gym) nuaga@yahoo.com

Team Coach:

Ariel McFarland, 507-354-1168 (gym) nuaga@yahoo.com

NUAGA is a not-for-profit, incorporated organization that was started in 1998. All parents are members of the corporation, and volunteer parents serving on the Board of Directors conduct business. Members of the corporation are eligible for election to the board of directors. There are monthly board meetings and the board members are elected for three - year terms. The elections are held at the Annual Club meeting in April. The Board of Directors sets the annual budget, rents the building space, and hires the Director/Head coach and staff as well as many other duties. Income is generated from tuition, fundraisers and donations.

Inclement Weather Policy

In case of inclement weather, the gym may have to close for the safety of the NUAGA families and staff. When New Ulm schools are closed (due to weather) NUAGA will also be closed. Postings will be on our website, the answering machine, KNUJ 860AM Radio and an email will be sent out if time allows.

Clothing

Leotards are strongly recommended for safety. Fitted shorts worn under or over the leotard are acceptable.

Communications

To help keep the cost down for the club, most communications are sent out electronically. If you are unable to access an email account, please notify the director so a paper copy can be distributed to you. Once per session newsletter will be distributed. Additional notices will be posted on the building door and in the viewing area upstairs.

Make-Up Classes

- If your child is sick or unable to attend class, you may makeup their lesson during other offered class times.
- Make-ups must be scheduled ahead of time to ensure room in the desired class.

Open Door Policy

Parents are welcome and encouraged to view the gymnasts from the viewing area during any classes or practices. Parents are asked not to “coach” from the viewing area. Parents are urged to consult with the coach during non-class time or any board member at any time, if any problem arises. Parents are welcome to make suggestions and comments to the coach and board members throughout the year. Concerns may be written anonymously and submitted to the locked payment box by the front door or addressed in person with any board member.