



NUAGA'S GYM-JAM

Mini GYM-nastics camps
JAM-packed with skill building fun!

PRESCHOOL GYM – JAM

Ages 4-6. No previous gymnastics necessary. Children will experience all gymnastics apparatus and trampoline. This fun and exciting camp will get your youngster moving.

June 7 - 9, 2011 1:00 - 3:00 pm

Cost: \$36.00



GIRLS GYM – JAM BEGINNER LEVEL

Ages 6 and up with little or no gymnastics experience. This camp will teach basic gymnastics skills: handstands, cartwheels, forward and backward rolls as well as all women's apparatus and trampoline.

July 18-20, 2011 10:30 - 12:30 pm

Cost: \$42.00

Parents are invited to a mini-performance for the last 30 minutes of class on the last day of camp.

BOYS GYM - JAM

Ages 6 and up with or without prior gymnastics. Boys will work on all apparatus and trampoline. This camp is intended to instill solid basics and build body awareness, strength and flexibility.

June 7 - 9, 2011 11:00 - 1:00 pm

Cost \$42.00



GIRLS GYM – JAM INTERMEDIATE – ADVANCED LEVEL

Ages 6 and up. This camp is intended for girls who are working on more advanced skills such as walkovers and handsprings. This camp will build on skills already mastered on all apparatus and achieve new skills quickly.

July 18 - 20, 2011 12:30 - 3:30 pm

Cost: \$60.00

ALL AGES GIRLS CAMP - All Levels Bring Your Friends!

June 9 – 11 – Cost \$60
9th & 10th – 4:30-7:30 p.m.
11th – 10:00 – 1:00 p.m.



July 21-23 – Cost \$60
11:00 – 3:00 p.m.

Everyone is invited to sign up for these camps. If you are not sure which camp fits your child, just give us a call or e-mail and we will be happy to help.

If you are not a current NUAGA student there will be a \$5.00 insurance fee.



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